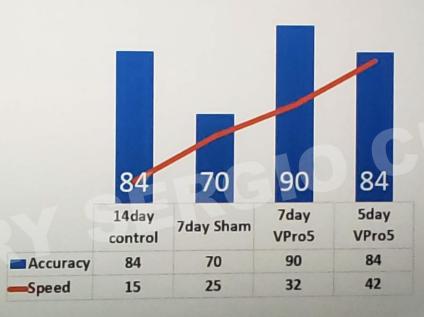


Effect of brief, daily High Frequency Acceleration on therapy on clear aligner treatment and tracking: a randomized clinical trial | Journal of the World Federation of Orthodontists

## **Increased Rate of Tooth Movement**



Accuracy (% Tracking)



Confidential | Not for Distribution





## My Tips For Treating Class II Malocclusions

- Do not change your orthodontic treatment plan because it is Invisalign. Diagnosis and Orthodontic Treatment Plan First.
- Think like plastic and feel like a tooth. What you are looking at is "a force system of aligners", and not teeth moving on a screen.
- If there is significant crown movement.... "find of make the arrow" to make it happen.
- 4) If there is significant root movement..... "find or make the arrows" to make it happen.
- Over correct of over treat for the same types of movements you did with wires.
- Use the bite jump in most cases and use it as a visual teaching aid. "I don't fix the malocclusion, I give you an opportunity to fix it!"
- 7) Add features to add elastics as you see fit, my preference is aligner hooks at the anterior and cutouts at posteriors for buttons bonded to the teeth.
- 8) Start elastics early, when patients are most motivated.
- Add features to control erupting teeth.
- 10) You can use MA Invisalign where a functional appliance effect is desired.



